

october 2012 DAILY LUNCH SPECIAL
Zama Clubhouse Restaurant

MONDAY	
1	Fried Rice W/Chicken Ankake
8	Holliday Clouse No Lunch
15	Chili Shrimp W/Rice & Steamed Vegetables
22	Hoikouro W/Fried Rice & Soup
29	Spring Roll W/Rice& vegetables
TUESDAY	
2	Pork Piccata W/Pasta
9	Meat Ball Cream Sauce W/Pasta
16	Roast Pork Onion Sauce W/Rice & Vegetables
23	Beef Stew w/ Pasta
30	Chicken Tempura
WEDNESDAY	
3	Chicken Cutlet W/ Rice & Vegetables
10	BBQ Prok w/Rice Vegetables
17	Karaage w/Rice & Vegetables
24	Triyaki Pork w/Rice & Vegetables
31	Tonkaku w/Rice & Vegetables
THURSDAY	
4	Pork Ginger w/Rice & Vegetables
11	Beef Onion w/Rice & Vegetables
18	Chicken Ginger w/Rice & Vegetables
25	Pork & Cabbage w/Rice & Vegetables
FRIDAY	
5	Seafood Spring Roll w/ Rice & Vegetables
12	Fish Don(Cod Fish)
19	Seafood Mix Fried w/ Rice & Vegetables
26	Fried salmon w/ Rice vegetables
SATURDAY	
6	Pasta Meat Sauce
13	Pasta Naporitana
20	Pasta W/ Chicken & Tomato Sauce
27	Pasta W /Chicken Alfred Sauce
SUNDAY	
7	CURRY RICE W/ CHICKEN
14	CURRY RICE W/ PORK
21	CURRY RICE W/ BEEF
28	CURRY RICE W/ CHICKEN